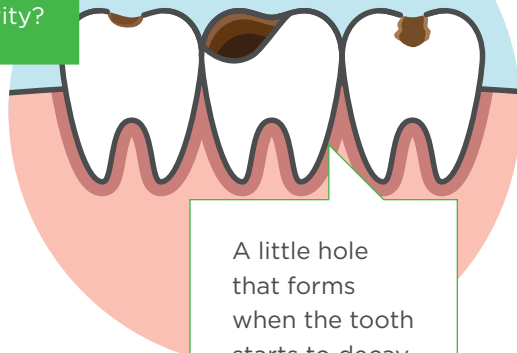


Get the scoop on cavities

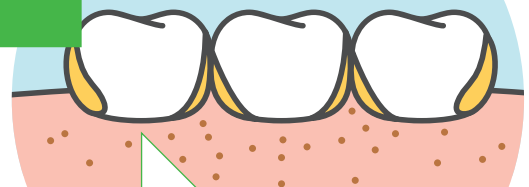
If you've heard your parents or teachers mention the word "cavities," you might wonder what they are. Well, wonder no more! Check out our Q&A for everything you need to know about cavities.

What is a cavity?



A little hole that forms when the tooth starts to decay.

What causes a cavity?



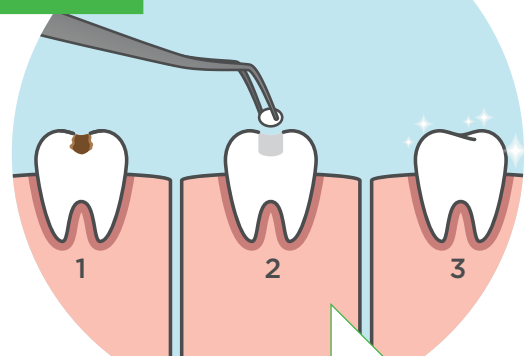
When you don't brush and floss properly, the bacteria in your mouth can form a sticky substance called plaque that coats your teeth. Plaque creates acids that can attack the outside of a tooth. If this happens, a cavity may form.

Why are cavities bad?



If not treated, cavities can start to make your tooth hurt (ouch!) and may ruin it. Plus, they can create brown and black spots on teeth.

What happens if you get a cavity?



Your dentist checks for cavities every time you visit. If they spot one, they'll clean it out and seal it up so it doesn't come back.