

Did you know you should replace your toothbrush every three months? That's when the bristles usually start looking worn out. You should also get a new toothbrush if the bristles look frayed. Instead of just throwing the old one away, turn your toothbrush into a paintbrush! The bristles will make some fun patterns. Try it out with the help of a grown-up.

## **HERE'S WHAT YOU NEED:**



## **DIRECTIONS:**

- Cover a flat surface, such as a table or counter, with newspaper or butcher paper. You may also want to wear an old shirt or apron. Painting can be messy!
- Put a blank piece of paper in the middle of the newspaper. Cut a shape out of another piece of paper and lay it in the middle of the blank sheet to act as a stencil.
- 3 Put paint in bowls. You'll need one bowl for each color of paint you want to use.
- Fill a cup with water. Dip the toothbrush in water, then in paint. Hold the toothbrush so the bristles face the paper.
- Using the toothbrush, paint around the shape to create an outline on the blank piece of paper.
- Remove the stencil to reveal the picture underneath! Be sure to wash your hands when you're done.

YOU CAN TRY WATERCOLOR OR ACRYLIC PAINTS, EXPERIMENT WITH DIFFERENT SHAPES, MIX DIFFERENT COLORS, TRY DIFFERENT BRUSHING PATTERNS – THE POSSIBILITIES ARE ENDLESS!

