

# Brush up on your brushing facts

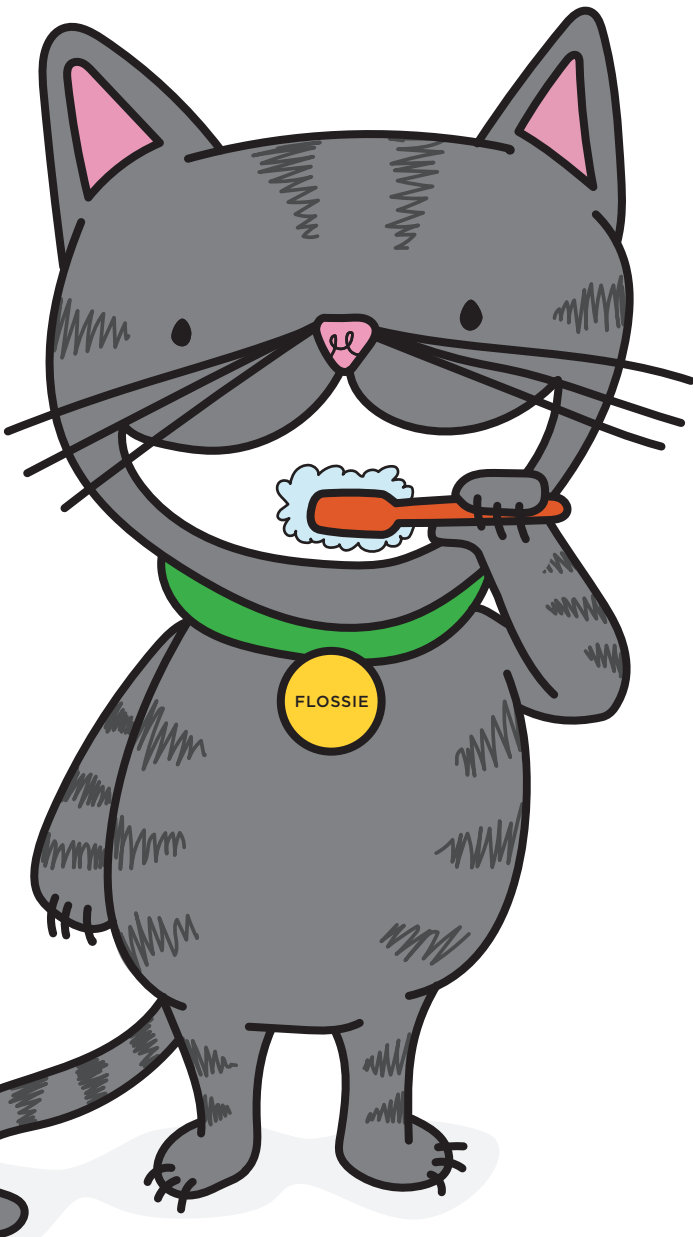
Flossie loves to be brushed. It makes her purr. She loves to brush her teeth, too. That way they stay in great shape for munching on cat treats. Yum. Yum. Show how much you know about brushing your teeth by picking the “purr-fect” answers to these questions. Then check out the answers at the bottom of the page to see how you did.

How often should you brush your teeth?

- (A) Only when your breath gets smelly
- (B) Once a day — just in the morning
- (C) Twice a day — especially morning and bedtime

When should you replace your toothbrush?

- (A) About every three months
- (B) When most of the bristles fall off
- (C) Never — keep the same one forever



Which of these are OK to eat or drink after brushing at bedtime?

- (A) Water
- (B) Everything
- (C) Orange juice and peanut butter

Which teeth are the hardest to reach when you brush?

- (A) False teeth
- (B) Incisors in front
- (C) Molars in back

How much toothpaste should you use each time you brush?

- (A) The whole tube
- (B) A dab the size of a pea
- (C) Enough to cover all the bristles

What mineral should your toothpaste have to keep your teeth strong?

- (A) Florida
- (B) Fluoride
- (C) Chloride