



A cavity is a hole in your tooth. Cavities can cause pain and make it hard to eat your favorite foods. That's "ruff!"

Rhyme for a reason

Buddy has made up some rhymes that will help you learn how to keep cavities away. You just need to fill in the last word. Check the answers below to see if you rhymed right.

I've gone to the vet since I was a pup.

And you visit the dentist for a _____.



Cavities are caused by tooth decay.

So, make sure to brush twice a _____.



I show those cavities who is boss.

Every day I use my _____.



Here's a tip. I think you should try it.

Don't have too much sugar as part of your _____.



Get a kind that you like to taste.

And make sure there's fluoride in your _____.



They taste good and clean your teeth to boot.

Eat lots of crunchy veggies and _____.

