

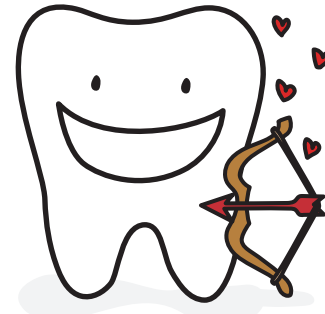
Teeth wisdom

Flossie likes to pretend she's a panther. Pretending can be fun. Let's pretend your teeth can talk to you! What do you think your teeth would tell you? Choose your answers and check out the best choice below.



You're busy during the holiday season, so it's OK to:

- (A) Skip brushing your teeth once in a while
- (B) Forget about flossing for a few days
- (C) Still make time to brush twice a day and floss daily



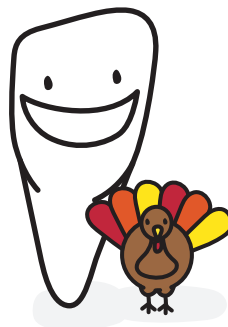
Your teeth love this on Valentine's Day:

- (A) Chocolate candy
- (B) Fun parties, so we can show off our smile
- (C) Chewy candy



At Halloween, your teeth's favorite treats are:

- (A) Apples
- (B) Caramel
- (C) Both



At Thanksgiving, your teeth want you to:

- (A) Eat a lot and then have snacks
- (B) Eat two desserts
- (C) Eat a regular meal



If you do eat a sugary treat, you can do this for your teeth:

- (A) Drink water
- (B) Nothing
- (C) Eat another sugary treat

Answers:

- (C) Germs and food stuck in your teeth can damage your smile if you skip brushing or flossing.
- (B) When you focus on fun, you won't eat too much cavity-causing candy.
- (A) Apples help clean your teeth. But caramel gets stuck in your teeth.
- (C) Don't overload your teeth with sugar and starches. You can always enjoy leftovers!
- (A) Water helps wash sugar from your teeth.