

Healthy smile, healthy planet

We can all do our best to help keep the planet healthy. That way we can enjoy a lifetime of awesome adventures! Here's how you can take care of the Earth while taking care of your smile.

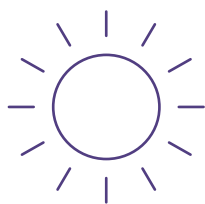


Save water

You should brush
2 times
A DAY FOR
2 minutes
EACH TIME.

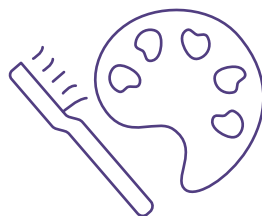
Turn off the water while you brush to
SAVE UP TO

8 gallons
OF WATER EVERY DAY!



Save energy

Does your bathroom have a window? Instead of turning on the lights, use the power of the sun when you brush and floss in the morning.



Reuse your old toothbrush

You should change your toothbrush every 3 or 4 months. Instead of throwing it away, give it a second life by using it as a paintbrush!



Reduce waste

Plastic water bottles make up a lot of garbage. Be smart and drink from a reusable water bottle. You'll quench your thirst and keep your teeth clean — yes!

