



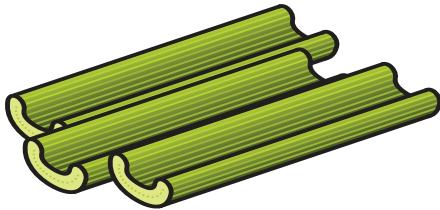
Some snails have more than 20,000 teeth!

Mouth-friendly recipe:

Apple snails

Make apple snails that are cute and tasty! Give this recipe a try during your next snack time. Get an adult to help. *Bonus: The apples and celery help get rid of food and plaque stuck on teeth!*

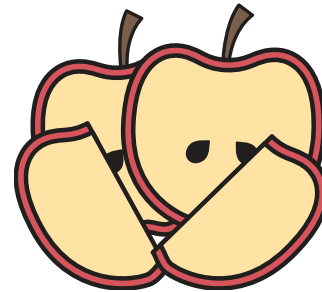
Here's what you need



1 stalk of celery, cut into thirds



¼ cup peanut butter



3 apple slices, halved



6 thinly sliced carrot pieces



6 mini dark chocolate chips

Here's how to make them

1

Fill the celery pieces with peanut butter.

2

Spoon the rest of the peanut butter into a plastic bag.

3

Have an adult cut one of the corners of the plastic bag to make a small hole.

4

Squeeze the peanut butter in an arch around one side of each apple piece.

5

Place the apple pieces in the peanut butter to make the snail's shell.

6

For each piece of celery, stick two carrot pieces into the peanut butter on one end to make the snail's antennae.

7

On the very edge of each piece of celery, stick two mini dark chocolate chips into the peanut butter to make the snail's eyes.