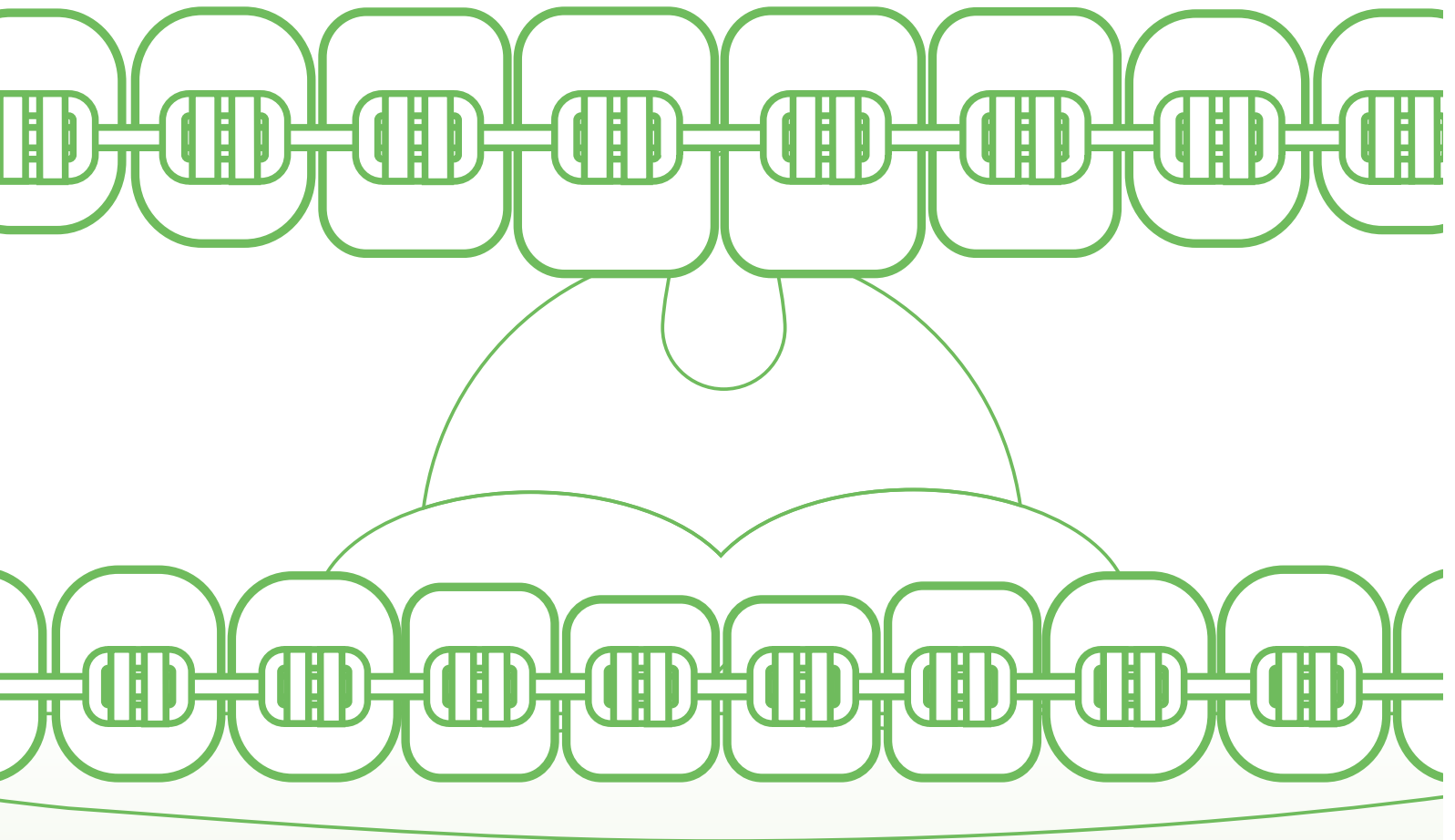




seal the deal!

When you're a little older and your permanent teeth come in, the dentist may suggest sealants to help prevent cavities. Sealants are a thin, plastic covering that go over your teeth – usually just the back ones – to keep bacteria and germs from settling in and causing decay.

Color the BRACES YOUR FAVORITE COLORS.



brace yourself!

If you're 7 years old or older, you may have already visited an orthodontist. After you lose your baby teeth and your permanent teeth start to come in, an orthodontist will look at them to make sure everything is coming in the way it should. It's the orthodontist's job to make sure that you'll have a straight, healthy smile for the rest of your life.

If your permanent teeth do need a little nudge, braces might do the trick. Braces are usually left on for about two years, and you'll still be able to play sports and instruments, eat most foods, and do pretty much everything you did before you got braces!