

Shop for your smile

Let's pretend we're buying products for a healthy smile. Your friends Buddy and Flossie will help you decide what's best to put in your imaginary cart. Watch out, though! Some things aren't so good for your teeth.

Here's what you need

2 or more players



1 die



Game pieces from another game or coins (1 per player) to mark your place

Here's how to play

Take turns rolling the die. Move that number of spaces forward. If you land on a space with a product, you'll be told to move forward or backward. The first one to check out wins!

START



Meow wow! This toothpaste has fluoride to prevent human cavities.
Move ahead 2 spaces.

MOVE AHEAD 2 SPACES

MOVE BACK 3 SPACES

I'm thirsty. But not thirsty enough to drink this sugary sports drink.
Move back 3 spaces.



MOVE AHEAD 2 SPACES



Look at all these healthy fruits and veggies. You fetched some winners!
Move ahead 2 spaces.



Hiss! Hiss! This is the wrong yogurt for me. It's full of sugar and has added candy.
Move back 1 space.

MOVE BACK 1 SPACE

MOVE AHEAD 4 SPACES

Cheese is yummy yum yum and full of calcium. That makes your teeth strong!
Move ahead 4 spaces.



Bow wow! It's time for a fun, new toothbrush. Change yours every three months.
Move ahead 1 space.

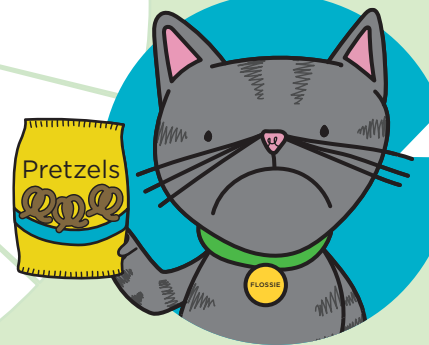
MOVE AHEAD 1 SPACE

MOVE BACK 2 SPACES

Double trouble! That sour candy is full of cavity-causing sugar and acid.
Move back 2 spaces.



MOVE BACK 4 SPACES



No pretzels for me. Curious why? Starchy food causes cavities just like sugar.
Move back 4 spaces.

FINISH

Congratulations! You've checked out some great ways to keep a healthy smile.