

# Kids want to know!

We asked a dentist and dental hygienist what kids want to know about a healthy smile. Here are some questions they've been asked and their answers. Can you think of other questions you'd like to ask?



What happens if I don't brush and floss?

If you don't brush and floss, sticky stuff called plaque will build up on your teeth, creating acids that attack your teeth and cause cavities.



Why do baby teeth fall out?

Most baby teeth get loose and fall out because your permanent teeth push them out. But you can also lose a tooth from an accident or a cavity. Be careful and be sure to brush, floss and see your dentist regularly.



Why do some kids get braces?

Sometimes teeth don't come in the way they should — like when teeth are crooked. Braces can help nudge those teeth in place for a straight, healthy smile.



How do I keep my mouth guard in good shape?

Clean your mouth guard often with a toothbrush and toothpaste. Then rinse it with water. Store it in a case that has holes so it can dry and stay protected.

Does a robot brush its teeth?

Look at the cover of this magazine!

